Idaho State Planning Council on Mental Health August 14-16, 2012 Holiday Inn Express, Boise, ID

<u>Attendance:</u> Kathie Garrett, Pat Martelle, Teresa Wolf, Pam Hirsch, Dr. Linda Hatzenbuehler, Stan Calder, Barbara Kauffman, Martha Ekhoff, Rick Huber, Linda Johann, Amber Seipert, Phyllis Vermilyea, Julie Williams, Lynne Whiting, Mike Hinman

<u>Absent:</u> Representative Sharon Block, Gary Lynn Hamilton (excused), Lisa Koltes, Mike Stayner (retired)

<u>Guests:</u> Rebecca Carrier, Paula Campbell, Cynthia Clapper, Gayle Feller, Chuck Halligan, Terry Hay, Heidi Lasser, LaVerne Miller, Brian Knight, Deanna Watson, Terry Pappin, Steve Graci, Kathy Skippen

	August 14, 2012	
TOPIC	DISCUSSION	ACTION
Welcome Introductions Review of Agenda Approval of Minutes Pam Hirsch Health Care Task Force Martha Ekhoff/ Linda Hatzenbuehler/Kathie Garrett	Review of Agenda. Presentation to Legislative Health Care Task Force (Kathy, Martha and Linda) Medicaid is a health insurance policy. Health insurance does not address need of the population of services – need to include needs of whole person. Gave actual examples of who needs MH assistance. Support services need to be added (housing).	8/14/12-Review of January 2012 minutes tabled until Pat Martell in attendance. 8/16/12-No quorum and Pat Martell not able to attend due to RFP Medicaid Managed Care rollout – table to January 2013 SPC meeting. Include copy of slides from presentation in minutes. Senator Dean L. Cameron requested SPC representation. Representative Rusche recommended presentation of Regional Reports on transformation work groups.
Legislative Breakfast Discussion and Planning Linda Hatzenbuehler -Award Nominations -Theme	Idaho *Recovery, prevention, intervention -*Prevention to Recovery -*"Support Recovery" -*Crises or Recovery* -"Be Proactive – Not Reactive"	

Report from Division of Behavioral Health

Chuck Halligan (for Ross Edmunds)

- -Budget for MH adults and kids consistent with last year.
- -Reminder-H&W Website access services (monthly updates) (external H&W website-Families).
- -1925-Changes to law-requires screening of all felony convictions concerns about volume.
- -Pilot programs in a couple of district-work load increase for H&W and Department of corrections (court commitment-more needs to complete task-will be reviewed.
- -Juvenile competency restoration statue
- -BHIC-Task Force
- -Medicaid RFP

Required screening pilots started July 1, 2012.

January 2013 review will be done-how it is working.

Block Grant Conference *Stan Calder*

Baltimore, MD – three days 8/1-3/12 SAMSHA conference.

Attended breakout session – consumer related.

How money spent: 70%-substance abuse, 30%-mental health.

States roles increasing dramatically.

Grant monies not so prevalent.

2014-2015 Block Grant Application out nowends Sept 13 – review/public comment-see SAMSHA website. Request Stan write up his notes and send to include with these minutes.

August 31, 2012 – overdose prevention day.

Verify SAMSHA website for SPC members from Stan, Heidi or Cynthia.

BH Talk.org = webinars for board information.

Noon	Working Lunch – PATH Grant Guests- Overview	Attendees were: Deanna Watson, LaVerne Miller, Brian Knight and Paula Campbell. ?More information from Cynthia.
Medicaid and	SPC Requested Update on Affordable Care	Will need to come back
Medicaid Managed	Act	8/15/12.
Care Pat Martell	Minor discussion of Medicaid RFP – SPC requested update before the end of this meeting – if possible. Pat cannot discuss at this time.	Pat was unable to attend due to push to send out Medicaid RFP on Affordable Care Act.
Substance Use Disorders Kathy Skippen	6/30/11 ICSA ?- sunseted. JFAC split up money – H&W starting out even, previously overspent most years – paid for by all Departments.	Pam requested what percentage of Block Grant is for Administration.
	State funded treatment had to go into justice system-be arrested. Now can treat individuals with substance abuse issues without being arrested. Pilot program use schools to get kids into treatment, clients from State Hospitals, misdemeanants, veterans (ATR funding), IDDU (intravenous drug users), women/children, pregnant women and substance abuse treatment FACS (Family and Children Services) and child protection through drug court.	Gayle to send information on statewide video conference on rule rewrites video conference. Done 8/21/12.
	Joint RFP – what is intent language-working on it. Could have BPA one more year – three of four participants. Will rewrite BPA currently has. Estimate that 95% of criminal population eligible for Medicaid benefits.	
	Transfer funds from IDOC	
	Developing programs to include: school districts. Need to design a way to get funding to clients that are needed. Developing a "referral system".	
	Are private providers able to use funding?	

Working with Nampa school district and Caldwell alternative school to develop program.

Rewrite of rules working on it – public testimony-open to public statewide by video conference.

Expanded Medicaid – huge impact on populations – ATR may not have any population to serve. Current clients will all be Medicaid clients.

May require a case manager for each client.

Concept from ICADD 2012 - Recovery Center can provide the following: volunteers call individuals as mentor to check in.

RFP SUDS is working on now will be driven by RFP Medicaid produces.

Peer Support Specialist Updates Martha Ekhoff

Demographic update: trained 128 (106 certified).

Training provided: RAC Facilitator training (no Gain), more requests for Wraparound Services and intentional support for peer support.

Self-disclosed information – only asks if they have a mental health issues, received SSI/SSDI, homelessness and currently have MH issues.

RAC facilitators, intentional Peer Support now trained.

Managed care advocacy – wish to have Peer Specialists services become Medicaid eligible, consumer advocacy – hope the voice is heard, background check rule (hoping to prove there should be some exceptions to rule) and turnover.

SAMSHA talking about national Peer Support Specialist standard nationwide.

New federal job classification for Peer

Advocate for Peer Support Specialist training and be allowed to use them as they have been trained.

Martha provided Peer Specialist Project Training Data--8/19/12. (Attached).

Recommended book on "Engaging Women in Trauma Peer Support" – book by ?.

	Specialist– requires criminal background check.	
Regional Board Participation	Region Four-Martha. Transportation needs still a priority, members include-Ada County	
-Regional	Commissioner, Elmore and Valley county not	
Representatives	present, Ross attended last meeting presented	
-Share regional	pyramid, intercept model training (used to	
information	improve interaction with individuals with MH	
-Discussion	issues) -good turnout.	
	Region One-???: New co-chairs, meeting jointly	
	with RAC, committee assignments have been	
	made, transformation development from data,	
	meeting today, 12 th Annual Recovery	
	Conference held in August-Rob Bishop, good	
	momentum, Ross attended meeting-large	
	meeting, well attended and planning picnic with	
	legislators next year after election. In process of	
	doing survey for Regions.	
	Region Two-Teresa Wolf-????: Diverse group	
	(18-20), gaps/needs analysis through surveys,	
	subcommittee looking into using video	
	conference instead of transporting, region board	
	members anxious prior to Ross' visit – after	
	meeting people seemed more optimistic (35	
	attended), involved/active board members and	
	active in CIT training.	
	Region Three: No one at meeting.	
	Region Five-Rick Huber-???: Blaine County	
	had vacant St. Lukes hospital space and someone	
	provided some desks-has a clinician going up	
	two to three times a week, few from the RACS,	
	how are the Regional Boards going to provide	
	for services beyond crises stage, collaboration	
	with counties, mostly in Twin Falls, Hailey and	
	Sun Valley only-especially for children.	
	Region Six-Linda Hatzenbuehler: Mike Staynor	
	retired – solid connection with law enforcement	
	community. Ross presented to regional board –	
	"seed" money theory and would have to ask for	
	match funds, question the sustainability and	
	accountability for grants obtained by regional	

board, substantial suicide/substance abuse problem rampant in region now, started to merge substance abuse and mental health members, biggest problem – the down county problem-no state employee south of Pocatello and looking to replace Mike. Region Seven-Mike Hinman: Spent a lot of time with consumers, parents, law enforcement on how to make the regional board work, seventeen members (county commissioners, teachers, parents, RAC), have always made quorum, regular updates CIT and SPAN, NAMI training and Tracey Sessions attends regularly. Lynn-CMH subcommittee is gearing up, relationship to mental health board, want to stay small, meeting regularly, and want to have people who are proactive on board. CMH subcommittee wants to be active members with Regional Mental Health Board. Regional board was ready to move forward - Ross was well received although ready to move forward. **Idaho Federation of** Contract with H&W renewed. Family network Kathy Garrett requested to **Families Update** add Respite Care to Ross's contract renewed. Steve Graci pyramid handout. Sustaining organization topic of board meeting at end of the month. Peer group: children and families significantly add to the community, national organizations use this, strong push, difficult to get people involved, overcoming stigma of mental illness, trying to define levels needed to succeed, create statewide opportunities for education and support for both children and adults, establishing contacts in community, share News Blast with otherseffective communication, Let's Move Program, SIBS shops are for kids (7-12 years) with siblings who have mental health issues, working on Parent Groups, Respite Care (speeded up reimbursement process), Respite Care training is occurring, CMH Awareness Training (4 DVDs produced-available to public) and upcoming training by H&W video conferencing.

TT	IIIID	
Housing Update	HUD survey on homelessness – range of attitude	
Julie Williams	and policy based for services, largely procedural,	
	updated waiting list-3,500 families – voucher	
	based assistance, over 4,000 families on waiting	
	list (highest in 20 years-doubled in last two	
	years), updates done twice a year by mail	
	verification, across the county more moderate	
	family incomes are able to purchase and housing	
	purchases are coming up.	
Recess 5:00pm MST	Adjourn	
Reconvene 8:30am	August 15, 2012	
Block Grant Review	Combined MH and Substance Abuse Prevention	Showed projections for 2013 for
(Cynthia Clapper,	and Treatment in Block Grant. Federal system	Block Grant application.
Heidi Lasser, Terry	out of office until Friday.	
Pappin)	No major changes.	Ask Cynthia for breakdown of
	3 0	\$???????
	32,000-Suicide Prevention	
	64,000-Primary Prevention	CMH Portion-IFofF
	387,800-State Hospital/Medicaid (community	AMH Portion-Contracted
	based treatment)	doctor for telepsychaitry
	,	(Chuck??)
	Grant period December to April – Another two	
	year plan will need to be done.	Pam to send updated member
	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	list to Cynthia.
	Terry-H&W Interagency dollars broken up:	~~~~~~~~~~~~~
	H&W, Drug Court, DJC, Administrative dollars	Terry-Data: have some family
	in H&W-BPA (Managed Care Contractor),	data want to get court,
	H&W to write a new RFP for Managed Care	incarceration data
	Contractor – replace BPA), Substance Abuse and	(Can get actual figures for SPC
	Treatment-(priority one) Pregnant women, those	if wanted). – Request???
	using intravenous drugs (2) and women with	ii wanteu). – Request!!!
		Duch for accommon life
	dependent children (3). Intervention-20% from	Push for case management, life
	block grant. One-third of programs funded	skills,
	including mental health. Strong values and	Lacialatura haa ta aaa that
	healthy decision making, coping skills and social	Legislature has to see that
	skills-support groups-mostly from children being	prevention does work to retain
	isolation due to family issues. Mandated since	budget.
	1992 from Block Grant.	T : 111 :41 374 34
	Block Grant monies used as backup on what	Trainer in Idaho with VA- Mary
	Medicaid does not cover. Opening up Substance	Pearson recommended by
	Abuse to individuals who come straight out of	Kathie Garrett.
	state hospitals to have immediate access to	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
	services.	
	Heidi-refer to notes on Block Grant Conference.	Heidi - Block Grant Conference
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	Good Behavior Game being used with success.	major topics. (Refer to attachment).
		Heidi to provide information received in E-mail format from Block Grant conference will give to Gayle to send to SPC members.
Student Research	Professor BSU Sociology-Administrative	Refer to Ms. Mawhirter's
Project/Mental Health	Segregation-Long Term Isolation of Inmates-	outline. (Attached).
and Prisons	particularly those with Mental Illness. Recent	
Sarah Mawhirter	report on ID Dept of Corrections (Dr. Stern) -	Solitary Confinement-
(Student)	compassionate with limitations including	Documentation-National
,	prisoner rights no overlap of records-due to	Geographic – "Super Max".
	confidentiality issues, lack of data is concern-	
	diagnosis of mental illness not documented.	As inmates when released are
	Current conditions make MH issues worse when	part of community based need.
	released. 15-20% inmates with mental illness.	The state of the s
	Lack of resources in prisons. Three in prison vs.	NAMI ID advocates have gone
	one in hospitals. Suicide watch placed in	to prisons.
	solitary. Reprimanded for asking for MH	
	assistance.	CIT Training needed for prison staff.
	Infractions due to mental illness by inmates	
	lengthen their sentence.	MH addressed as a crime-more found guilty-maximum
	SOAR training to Gayle Baker (Dept of	sentencing for crime.
	Corrections) for inmates coming out SSI/SSDI	sentencing for crime.
	benefits.	Reallocation of funds to help vs.
	beliefits.	hinder MH inmates.
	Do ontry complete only two in Idoho Mood to be	minder Wiff initiates.
	Re-entry services-only two in Idaho. Need to be proactive with re-entry.	DOC contracts MH work to vendor Corrizon?
	Stan suggested using MH Court services for	, ender connective
	inmates-begun to look at using this. MH courts	Can do independent studies
	in ID popular with judges.	using students.
	in in popular with judges.	using students.
		Public events to be posted in
		paper.
10:30am	BREAK	
10:45am	Sees Behavioral Health as substance abuse and	Requested Cynthia to share
	mental health board – development of	weekly Federal information?
Moving to a State	transformed system.	
Behavioral Health	What is our vision of BH Board look like and	Advocate mental illness is not a
Planning Council	who should serve on board and where do we see	choice and should be
Pam Hirsch	ourselves in three years?	recognized as an illness.

50+% consciously seek out consumers so they can get help. Greater division between MH and Substance Abuse consumers – need a better understanding of the community needs.

SPC begin better understanding what Substance Abuse Treatment is – continue as a group. Need H&W Substance Abuse staff at each meeting.

Better understanding of what consumer really needs – MH or substance abuse issues.

Prevention is cheaper way to deal with both issues. SAMSHA backed this up at recent Block Grant conference.

Trauma in children is critical impact on their entire life. Need to work on prevention process.

Potential statute rewrite to include:

- -corrections and addition of prevention language (i.e. suicide prevention)
- -end the shame and isolation (criminalization of mental illness)
- -change language in statute from "consumers" to "persons in recovery"

BH does plan to change name and authority to Regional Councils.

Need to include recovery consumer with Substance Abuse on SPC board. Suggested Drug Court graduates, AA community, CADC?

Report to Legislature not just the governor. Solve connection between Regional councils to SPC to Legislature to Governor.

Regional board members live in the area-big difference between what is happening in Regions and what services are available. Do not loose awareness of this.

Communication issue is imperative.

Invite a H&W substance abuse staff member, substance abuse provider and two individuals in recovery for both CMH and AMH.

	Invite a Substance Abuse board member or representative to attend SPC mtgs. Regional representation needed.  Distributed "Resources for Counseling Services in the Treasure Valley Area" (created by Region 3-Phyllis Vermilyea).  Gayle to scan and send to SPC members.  Done?????	
1:00pm Committee Meetings	Membership/Bylaws (Teresa Wolf) (See attachment).  Children (Lynne Whiting, Amber Seipert, Rebecca Carrier, Barbara Kauffman) (See attachment).	Requested Pam as Chair to develop talking points to forward to Regional Chairs for Regional Legislative Events.  Have written materials available to handout.
	Legislative (Linda Hatzenbuehler) (See attachment).	Requested Committee Meeting outcomes written/sent to Gayle to attach to these minutes.
	Transformation/Housing/Education/Advocacy (Rick Huber, Martha Ekhoff, Linda Johann, Mike Hinman) (See attachment).	
	??????? -Shift to criminal justice system from person People need housing: H&W, HUD, and Medicaid for help in getting this. Housing a part of new RFP for Managed Care? Housing should have priority for Regional Boards	
	Education/Advocacy – September Recovery Month – SAMHSA campaign-10x10 Program- National Movement – whole health picture (website: <a href="www.promote">www.promote</a> acceptance.samsha.gov/10by10/wellness Health issues: diabetics, October – Mental Health Awareness Week – National? Join Legislative Committee-Legislative Dinner sometime after session begins.	

2:30pm	BREAK	
2:45pm	<b>Discussion Continued</b>	
3:30pm Transformation Work	SPC and Regional MH Boards need to work together. Challenge SPC what are we going to	BHIC meeting minutes from January 2012.(Gayle)
<b>Group (BHIC)</b> Teresa Wolf	do about this?	Get white papers from Teresa.(Gayle)
	Regional information from Regions Two and Seven helpful. White papers from BHIC, Judiciary, -theme the same. How to partner, work together.	Phone/Video conference call with Regional Boards? (Gayle)
	Future efforts: structure to support SUDS, encourage opportunities.	Regional meeting minutes on Transforming Idaho's Behavioral Health System- R. Porter attended all and took minutes. (Gayle)
	Outcomes in treatment-tools to track progress (Pathways-?)	What effect will Medicaid's Managed Care
	SPC white paper is still viable piece for transformation. (Draft – need to work on-not much feedback). Will send to Pam and when	affect Transformation (Both Regional Boards and SPC)?
	you receive it - please give me your feedback. Time is of essence to complete. Recognize Regional efforts. Not able to share	Suggestion of using a "pilot program". Need funding.
	draft legislation? from BHIC.	What does SPC want Teresa to take back to BHIC?
	Membership is so important in moving forward to Transformation.	-Identify gaps Funding? - anywhere except for H&W
	Ross' "Transforming Idaho's Behavioral Health System" as the "concept" needs more information to be the building block for SPC Transformation.	Suggested requesting funding from Legislatures for use in Regions-more involvement will be seen.
	Readiness of Regions – what does that mean? Question for Ross.	Develop partners "in kind".
	Integrity to keep not bureaucratic – include advocates and family members.	Engagement is lacking- three years in the works.
	What SPC wants Teresa to take back to BHIC: -Renew community vote in grantsSupport services – transportation, education, and housing.	****Query for Ross is Regions Two and Seven moving forward with Pilot Program. SPC feels it is in "draft" form.
	Teresa requested more input – contact her at	<pre>Key services will not be available with implementation of Medicaid</pre>

	T. 1. (200) 700 2007 1 11 1	I.e. 1.a
	either (208) 799-3095-her direct number or by e-	Managed Care.
	mail (teresawolf@co.nezperce.id.us).	Add prevention and early
		intervention language into
	BHIC Next Meeting9/24/12 1-5pm MST	white paper.
5:00pm	ADJOURN	
8:30am	August 16, 2012	
	0 /	Recommendations for
8:30am	Shared 10 by 10 SAMSHA information.	awards-Chief Masterson and
		Ann Kirkwood.
Suicide Prevention	SAMSHA grant for Ann Kirkwood – grant	Time Relative du .
Council Report	expires September, 2012. Indian tribes did	SPC members requested
Kathie Garrett	receive some grant monies from Feds-not sure	Suicide Prevention video
	who will have access.	for January 2013 meeting.
	Wale Wall all to the control of the	
	Training two QPR in each Region, sponsored	Kathie suggested obtaining
	PTSD in each region, schools difficult to work	SAMHSA publication "The 10
	9	by 10 Campaign Report of 2007 National Wellness
	with, prevention, intervention and post-vention-	Summit for People with
	SPAN works with schools through website, ISU	Mental Illnesses "(HHS
	institute of rural health (information on Suicide	Publication No. (SMA) 10-
	Prevention), discussions of sources of strength,	4476 Substance Abuse and
	need a caring adult or caring teacher-best to pay	MH Services Administration
	(have no funding)-request SPC members contact	- Printed 2010
	their local schools,	
		See Website
	Hotline-see handout-joint project-H&W,	<pre>www.promoteacceptance. Samhsa.gov/10by10/wellness</pre>
	governor approval, queries on why in Boise	tools.aspx
	(need volunteer base of 90), hired-John Reusser	
	` '	
	as Director, up and running by mid-November	Suggested Rebecca Carrier-
	2012, a lot of projects yet to be accomplished,	offer training on Youth
		Suicide conference second
	The Plan numbers for 2011-vital stats – 284	week of January 2013-offer
	suicides in 2011, 290-2010, under reported by	Ethics CEUs.
	30% in western states – corners undertrained,	Statistics on clients
	still a lot stigma still,	admitted to State
		Hospitals attempted
	Goals: Public Awareness, Anti Stigma, offer	suicide.
	education opportunities,	
	out of portunities,	Attempted suicide highest
	Keith Joiner – top experts in Suicide Prevention	risk.
	rectal somer top experts in suicide i revention	Hotline will be allowed to
	Dalana salf assuradance shillies to second at	do follow up call as part
	Belong, self-assuredness, ability to complete	of "safety plan".
	suicide (threatened or attempted).	
		Suggested contacting YMCA
	Western States Group is heading up project.	
		When will we know Suicide
		Hotline is operational?

		There will be updates.
		Region Five will have a SPAN member on their board-suggested that other Regions do the same.
9:00am Review-Letter to the Governor 2013 Gaps and Needs Analysis Governor's 2013 Report (Committee, topic) Theme:	Any unfinished business with 2012 letter- no. Teresa great job.  Suggest in letter with bullet points-things that work, personal story of participant, include families/children,  Region Six-Advocacy – Funding issues- Elderly and disabled government responsibility-Suggested more funding.—System of Care.	Recovery Journey-Theme  Supports for Recovery Journey-?  Data available of cost savings?  Success stories  Integrated Health Care  Only pay for crises-will only get more crises.
Goal to get SPC: Lynn-Children Pam-Point Linda-Housing Martha Set up Planning session- Monday, Sept 17 th 2- 3:30pm MST, 1- 2:30pm PST – conference call (Gayle	Jeff D compliance by SPC.  Mention Jeff D in Report to Governor.	No advocacy agents - use SAMHSA data as template.
to verify).  10:00am  Jeff D Update  Mike Hinman/Chuck  Halligan	9 th Circuit – appeal consent decree cont. Local court asked that parties work things out. H&W Petition court to dismiss, plaintiff can file contempt charges. Lawyers said that can agree and the case can go away? 1920 consent decree-supplemental agreement page 13-monitoring requirements-SPC responsibilities (See attached handout from Chuck).  Regional Advisory Boards-message helpful consider a subcommittee – compliance with Jeff D consent decree (three to five members-CMH based)  Ability for plaintiff attorney in place they can	Mike Hinman - ten core services-one page list to send to Chuck (review) for Gayle for distribution to SPC.  Funding is an issue for CMH core services. Plaintiff's view not followed up on due to budget constraints.  Chuck to send data to SPC members for their Regional Boards once available.  Services for CMH: Medicaid, H&W, DJC and Schools. County has no funding for CMH.

	request documents.	Chuck requested to develop informational outline for
	Mike-Monitoring go to CMH each Regional	SPC to give to Regional CMH Boards.
	Director to get information on, ten core	CMH Boards.
	services, review of funding for CMH services,	
	National Law Center has come to assist	
	plaintiff attorneys, H&W proposing a meeting	
	with plaintiff, H&W has been supplying data	
	up to 2011-current data by end of September	
	2012, working with Medicaid for data for	
	, 3	•
	fiscal years 2010, 2011 and 2012.	
	Community based services need to be	
	discussed and reported on at Regional level.	
10.20	7. 15. 11	Before SPC meetings - need
10:30am	Future Meetings:	reminder of what documents
OPEN DISCUSSION	Goals: Health care, expansion, engagement to	will be discussed at
	Regions, engage Legislators, current Regional	meeting. Send at least two
	Chairs to Pam include contact info,	weeks prior to meeting to
		Gayle.
		Name CDC anales masting
		Next SPC onsite meeting 1/15-17/13- Boise, ID
	Membership:	livis ivis boise, ib
	Teresa will do the re-writes and send it out.	Add Jeff D to January,
	Send official nominations/membership to	2013 meeting.
	Gayle prior January 2013 meeting.	
12:00pm	ADJOURN	
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		I